PRACTICE FORM EXAMPLE

Primary care communication letter

An illustrative template for a psychiatrist's letter back to a primary care clinician after an evaluation. Share only with appropriate consent.

Educational example only. This is not legal, medical, or compliance advice, and it is not a ready-to-use legal document. Requirements vary by state, payer, and setting. Adapt anything like this to your own situation and have it reviewed by qualified legal and compliance counsel licensed in your jurisdiction before using it in a practice. You are responsible for compliance with all applicable federal and state laws, including HIPAA. shrinkiatry publishes professional commentary and education, not legal or medical advice.

Current as of October 1, 2026. Laws, payer rules, and billing codes change. Confirm the current requirements for your jurisdiction and setting before you rely on anything here.

Header

To: primary care clinician

From: psychiatrist or PMHNP

Re: patient name, date of birth

Date of evaluation

Summary

- Reason for referral and a brief formulation
- Working diagnosis, stated as clinically appropriate
- Current plan: medications, therapy, and monitoring

Coordination

What you're asking of primary care, such as labs, vitals, or shared monitoring, and how to reach you. Note consent and confidentiality, especially for sensitive information.

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